

HARLAN COUNTY HIGH SCHOOL SBDM COUNCIL POLICY

COUNCIL POLICY TYPE		POLICY NUMBER
<input type="checkbox"/> By-Laws (Council Operational Policy)		
<input checked="" type="checkbox"/> Function (School Operational Policies)		HC 030

POLICY TOPIC DESCRIPTION

HARLAN COUNTY HIGH SCHOOL WELLNESS POLICY

POLICY STATEMENT

In compliance with KRS 160.345 (11) the following policy will be implemented for the year beginning 2011/2012.

All students in their freshmen year of high school will be required to complete one semester of Health and one semester of Physical Education. The Guidance Staff will ensure that all incoming freshmen will reflect Health and PE on their schedule.

Health and Physical Education courses are required courses; therefore, completion of each course with a grade of 60 or above must be recorded to meet graduation requirements.

Appropriate accommodations shall be made for students with special needs, as required by law.

In addition to the two required courses; students shall be encouraged to take several elective courses offered each semester pertaining to physical activity as well as courses emphasizing healthy food choices. Courses such as Conditioning, Physical Education II, and Foundations of Sports and Exercise are examples of courses focused on additional physical activity. Courses such as Food and Nutrition, Life Skills, Culinary I & II, and Principals of Hospitality are examples of courses focused on healthy food choices and life styles.

Harlan County High School Principal and Guidance Staff will review the policy annually to amend or make changes to the policy in order to comply with federal law, state law, and/or local board policy if needed.

Policy Title <p style="text-align: center;">HCHS WELLNESS POLICY</p>		
10-6-11 <hr/> 1 st Reading <hr/> Bob Howard Council Chairperson	12-6-11 <hr/> 2 nd Reading <hr/> Bob Howard Council Chairperson	1-17-12 <hr/> Adopted <hr/> Bob Howard Council Chairperson