

CDL ASSIGNMENTS

1 page length open response to the following topics. Days 1-10

- 1. Pick your favorite character from a movie, show, or book. Analyze what aspects of that character you relate to on a personal or psychological level.**
- 2. Pick an area of your life that you feel could use some improvement. Discuss what, why, and how you could possibly better those issues for yourself.**
- 3. Pick your favorite quote and how it applies to you.**
- 4. What is your favorite memory associated with your favorite food?**
- 5. What is your dream job, and what inspired that for you?**
- 6. Compare and Contrast the variations of mental affectedness from being inside versus outside according to weather and season.**
- 7. Think back to your most traumatic experience. Did you handle it as well as you could have? In retrospect, is there anything you could have done differently that would have made the situation easier for yourself or others involved?**
- 8. What is your biggest pet peeve? Do you process this in a healthy way? If not, then what could you do to better deal with these aggravations?**
- 9. Do you think modern society relies too heavily on technology?**
- 10. Choose your own topic!**