

# **FRESH FRUIT AND VEGETABLES ARE THE WAY TO GO!!!!!!**

**EVERYONE NEEDS TO EAT MORE FRESH FRUITS & VEGETABLES. AT THESE SCHOOLS,  
BLACK MOUNTAIN ELEMENTARY, CAWOOD ELEMENTARY, EVARTS ELEMENTARY,  
GREEN HILLS ELEMENTARY AND JAMES A. CAWOOD ELEMENTARY**

**WE WILL BE OFFERING**

## **FREE FRUITS AND VEGETABLES ON WEDNESDAY, THURSDAY AND FRIDAY**

**BEGINNING AUGUST 16, 2011**

**A DIFFERENT SELECTION OF FRESH FRUIT OR VEGETABLE WILL BE AVAILABLE FOR  
EVERYONE TO ENJOY!!!!!!**

**TO FIND OUT MORE ABOUT THIS EXCITING OFFER CONTACT YOUR CAFETERIA MANAGER  
FOR THE TIME AND PLACE OF THE DISTRIBUTION OF THE FRUIT/VEGETABLE OF THE DAY.**