

## Family and Consumer Science Students NTI

Contact information for your instructor:

[Heather.maggard@harlan.kyschools.us](mailto:Heather.maggard@harlan.kyschools.us)

Call or Text my cell 606-505-6520

Home Phone 606-574-0261

### Day 1 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.

### Day 2 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.

### Day 3 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

### Day 3 **Continued:**

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.

### Day 4 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.

### Day 5 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.

### Day 6 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.

### Day 7 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.

### Day 8 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.

#### Day 9 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.

#### Day 10 **Choose One**

Option 1: Make something to eat and inform your teacher via email, phone call or other. Or take a photo of the food you prepared and send it to your teacher or show her the next scheduled school day. This can be as simple as a grilled cheese sandwich.

Option 2: Write a one paragraph review regarding whatever you prepared yourself to eat. Was your preparation successful? Did your food item have the proper taste, texture, and temperature?

Option 3: Double a recipe with at least five ingredients.

Option 4: Cut a recipe with at least five ingredients in half.

Option 5: Utilize a needle and thread and mend a clothing item or replace a button on a clothing item.