

## *Cumberland Elementary School Girl Power Club*

The CES 21<sup>st</sup> CCLC afterschool program offers a “Girl Power Club” for 5<sup>th</sup>-8<sup>th</sup> grade students. The club is a joint partnership between the CES 21<sup>st</sup> CCLC, CES FRYSC, and Club 180\*. Girl Power was established to inspire young women to make right choices, serve others, and become tomorrow’s leaders. Girl Power does the following

- Promotes Self-Esteem
- Promotes ways to prevent violence
- Promotes ways to eliminate discriminatory barriers based on poverty, gender, ethnicity, and race.
- Mentors young women into becoming leaders
- Promotes community service through volunteering.

Girl Power meets twice a month during the Cumberland Elementary School 21<sup>st</sup> CCLC afterschool program. Each meeting the girls participate in various activities focusing on life skills, self-esteem, and community service.

Upcoming 2011 Meeting Dates:

- March 16<sup>th</sup>
- April 6<sup>th</sup>
- April 20<sup>th</sup>
- May 12<sup>th</sup> (Spring Fashion Show)
- May 25<sup>th</sup>

The girls recently participated in an activity where they were asked to “T.H.I.N.K” about their choice of words. Every time the girls carried on a conversation they were challenged to ask themselves the following, “Is what I am saying **T**True? Is what I am saying **H**Helpful? Is what I am saying **I**Important? Is what I am saying **N**Necessary? Is what I am saying **K**Kind?”

